CPD record



Registration no	0123456	CPD year	2014

Full name Example member Reference Activity 3

Description of development/learning activity

Discussion on effective conflict resolution as part of coaching session Provided by (eg name of mentor/coach, course provider etc) Coach – Ceri Sweeney, HR Adviso

Why did you choose this activity and how is it relevant to you?	I have recently taken responsibility for managing a team of 3 people. These is some conflict within the team that I need to resolve		
When did this activity take place?	3 and 4 March 2014		
Units	How many units are you claiming for completing this activity?	How many of these units could you verify with supporting evidence?	
What did you learn and how did/will you apply it?	 Need to encourage an open and hones atmosphere within the team Need to move away from current culture of blame Individual performance is not measured solely by comparing people with their colleagues Staff don't have to get on with each other or even like each other; they just have to be able to work together Assertiveness is about achieving a win-win situation. It's not the same as bossing people about 		
Supporting evidence (you can record details/location of any supporting evidence here or the contact details of a 3 rd party who can substantiate completion of the activity)	Written confirmation is available from my coach, if required. Photocopy of email confirming appointment and topic for discussion		